

Tison PTA

General Body Meeting

September 23rd @ 7 pm

Tison MS Cafeteria

Join us for a special program presented by

Tison SRO Allen Taylor

Escape the Vape **E-cigs and Our Youth**

How much **do you know** about the **epidemic**?

Come and learn ...

what it is—who's doing it—health issues—legalities—other interesting stuff

Common myths

believed about vaping, along with the facts.

**"It's just
flavoring."**

While flavorings are safe to eat in food.
They're not safe to inhale. Inhaling flavor
chemicals can harm your lungs.

**"My vape
says it's
nicotine-free."**

Some vapes that claim they are
nicotine-free are not. Most e-cigarettes
contain nicotine, the same highly addictive
drug in cigarettes.

Nicotine exposure during the teen years
can disrupt normal brain development.
It can result in increased impulsivity and
mood disorders.

**"Nicotine
isn't that
bad for me."**

Vaping delivers
nicotine to the brain
in as little as 10 seconds.

A teen's brain is still developing, making
it more vulnerable to nicotine addiction.

**"I don't have an
addictive personality.
I won't get hooked."**

Facts taken from the FDA Center for Tobacco Products